



Ottawa Spring Conference
AA Conference with Al-Anon Participation
“Remarkable Path of Spiritual Growth”
Saturday April 13, 2019
Hellenic Meeting & Reception Centre
1315 Prince of Wales

Al-Anon Program

9:00 am *“We Are as Sick as Our Secrets”*

Chair: Laurel B

Panelists: Allana N, Marcel M, Karen B

10:30 am *“Spiritual Gifts of the Program”*

Chair: Natalie R

Panelists: Brenda M, Mona F, Nadia P

Lunch: Hospitality room on site – food donations very much appreciated

1:00 pm *“Remarkable Path of Spiritual Growth”*

Chair: Chrisann R

Keynote Speaker: Jason W, Chair of Ontario South Assembly

2:30 pm *“My Remarkable Journey of the Spirit”*

Chair: Barb B

Panelists: Leeanne P, Andrey R

Tickets \$10 in advance and \$15 at the door – see your Group Rep. for tickets

Doors open and registration begins at 8:00 am

See AA website (<https://ottawaaa.org/spring/>) for full conference schedule, banquet details, evening speaker and dance