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|  |  |  | **Ottawa AlAnon Meeting Information** |  |  |
| Day | Time | Meeting Name  |  | Meeting ID | Password |
|  |  |  |  |  |  |
| Monday | 7:30 pm | Stepping Stones | In person(check website for more info)[Al-Anon Ottawa – Ottawa Al-Anon & Alateen Family Groups – District 28 (al-anon-ottawa.ca)](https://www.al-anon-ottawa.ca/) |  |  |
|  | 8:00 pm | TWCMI | https://zoom.us/j/476379299 | 476379299 | N/A |
|  | 8:00 pm | Bells Corners | In person(check website for more info)[Al-Anon Ottawa – Ottawa Al-Anon & Alateen Family Groups – District 28 (al-anon-ottawa.ca)](https://www.al-anon-ottawa.ca/) |  |  |
|  |  |  |  |  |  |
| Tuesday | 10:00 am | Vanier AFG | https://us06web.zoom.us/j/88263835436 | 88263835436 | N/A |
|  | 7:30 pm | Pinecrest | In person(check website for more info)[Al-Anon Ottawa – Ottawa Al-Anon & Alateen Family Groups – District 28 (al-anon-ottawa.ca)](https://www.al-anon-ottawa.ca/) |  |  |
| Wednesday | 12:15 pm | Traditional AFG | In person(check website for more info) |  |  |
|  | 7:30 pm | New Beginnings Kanata | In person(check website for more info)[Al-Anon Ottawa – Ottawa Al-Anon & Alateen Family Groups – District 28 (al-anon-ottawa.ca)](https://www.al-anon-ottawa.ca/) |  |  |
|  | 8:00 pm | Royal Ottawa AFG | https://us02web.zoom.us/j/82184216966?pwd=dXkvRUxyOTFhMU5uQWRGeVQ5RDJ1UT09 | 82184216966 |  |
|  |  |  |  |  |  |
| Thursday | 7:30 pm | Orleans AFG | In person(check website for more info)[Al-Anon Ottawa – Ottawa Al-Anon & Alateen Family Groups – District 28 (al-anon-ottawa.ca)](https://www.al-anon-ottawa.ca/) |  |  |
|  | 7:30 pm | New Life AFG | https://us02web.zoom.us/j/319321852?pwd=VzRWZEc1MXZBazE4Mk1CWU1mT0J6QT09 | 319321852 | 994502 |
|  |  |  |  |  |  |
| Friday | 9:30 am | Beacon Hill AFG | In person meeting(check website for more info)[Al-Anon Ottawa – Ottawa Al-Anon & Alateen Family Groups – District 28 (al-anon-ottawa.ca)](https://www.al-anon-ottawa.ca/) |  |  |
|  | 12:00 | 12th Step Discovery AFG | In person meeting(check website for more info)[Al-Anon Ottawa – Ottawa Al-Anon & Alateen Family Groups – District 28 (al-anon-ottawa.ca)](https://www.al-anon-ottawa.ca/) |  |  |
|  |  |  |  |  |  |
| Saturday | 10:00 am | HIW | In person meeting(check website for more info) |  |  |
|  |  |  |  |  |  |
| Sunday | 10:00 am  | Sunday Speaker Open Meeting | In person (check website for more info)[Al-Anon Ottawa – Ottawa Al-Anon & Alateen Family Groups – District 28 (al-anon-ottawa.ca)](https://www.al-anon-ottawa.ca/) |  |  |

May 30, 2024